RIP CURRENTS
Break the Grip of the Rip!

Rip currents are powerful currents of water moving away from shore. They can sweep even the strongest swimmer out to sea.

IF CAUGHT IN A RIP CURRENT
♦ Don’t fight the current
♦ Swim out of the current, then to shore
♦ If you can’t escape, float or tread water
♦ If you need help, call or wave for assistance

SAFETY
♦ Know how to swim
♦ Never swim alone
♦ If in doubt, don’t go out

More information about rip currents can be found at the following web sites:
www.ripcurrents.noaa.gov
www.usla.org
Beach Warning Flags

High Hazard
High Surf and/or Strong Rip Currents
You are advised to stay out of the water

Medium Hazard
Moderate Surf and/or Currents
Use Caution and be Aware of Deteriorating Conditions

Low Hazard
Calm Conditions, Exercise Caution
Be Aware of Other Swimmers in Your Party

Absence of Flags Does Not Assure Safe Waters

In Partnership: