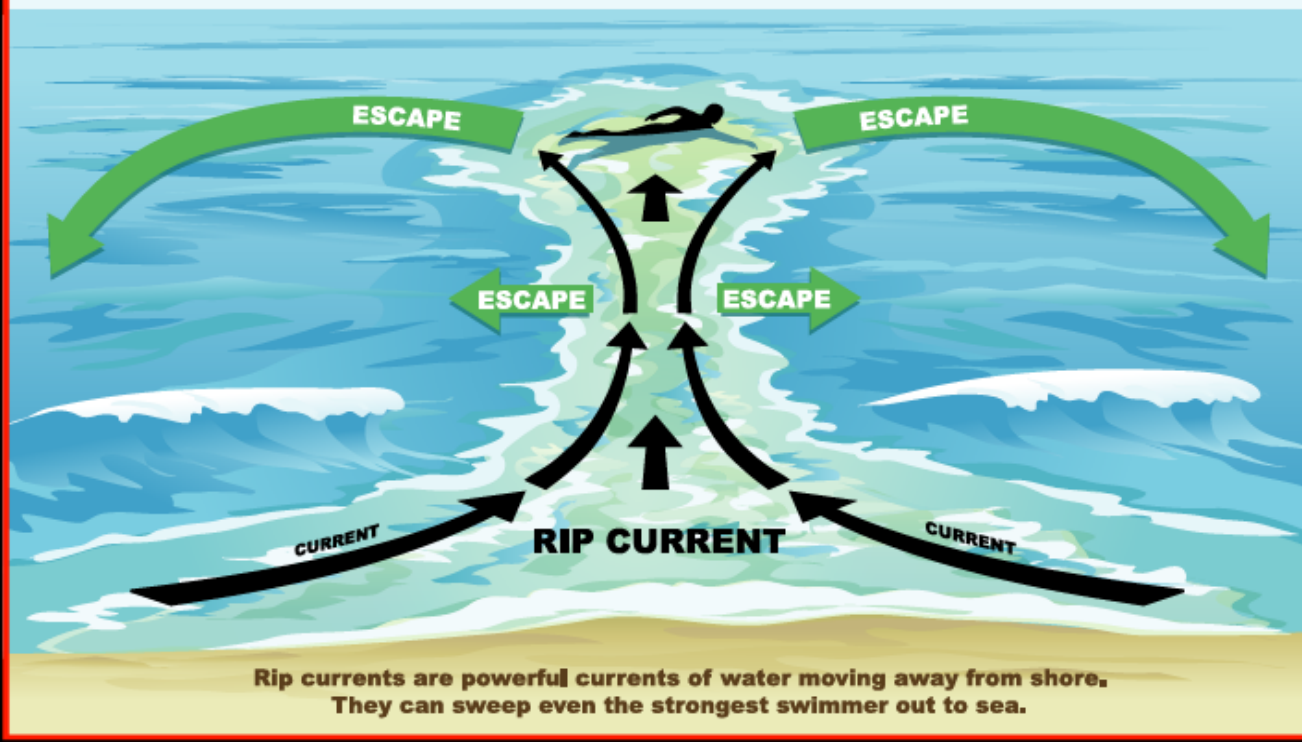


RIP CURRENTS

Break the Grip of the Rip!



IF CAUGHT IN A RIP CURRENT

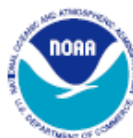
- ◆ Don't fight the current
- ◆ Swim out of the current, then to shore
- ◆ If you can't escape, float or tread water
- ◆ If you need help, call or wave for assistance

SAFETY

- ◆ Know how to swim
- ◆ Never swim alone
- ◆ If in doubt, don't go out

More information about rip currents can be found at the following web sites:

www.ripcurrents.noaa.gov
www.usla.org



Beach Warning Flags



High Hazard

High Surf and/or Strong Rip Currents
You are advised to stay out of the water



Medium Hazard

Moderate Surf and/or Currents
Use Caution and be Aware of Deteriorating Conditions



Low Hazard

Calm Conditions, Exercise Caution
Be Aware of Other Swimmers in Your Party

Absence of Flags Does Not Assure Safe Waters

In Partnership:

